

## Personal Puzzle

UConn 4-H New London County

## **Background**

Each of us has parts of our identity that make us unique. You may play the trombone, have beautiful curly hair, or enjoy playing tennis. You may come from a large family with strong cultural roots. You may love animals or enjoy cooking or baking. Aspects of your personality, interests, character, experiences, traditions, and relationships work together to make YOU! Exploring our identities can help us to better understand ourselves and our attitudes, beliefs, and values. Celebrate what makes you unique by designing your own personal puzzle.

## **Supplies and Tools**

Blank puzzle

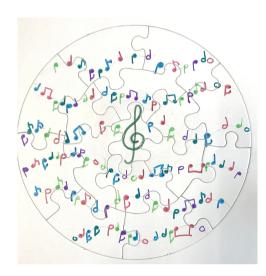
Markers

Bag for storing your puzzle pieces



## **Activity Steps**

Take some time to reflect on what makes you special. Draw a picture on the puzzle that reflects who you are. Ask your friends or family to help you to assemble your puzzle.



If you enjoyed this project, visit <u>4-h.extension.uconn.edu</u> to learn more about UConn 4-H. Check out the <u>UConn 4-H New London County</u> webpage to view the video associated with this activity.

UConn complies with all applicable federal and state laws regarding non-discrimination, equal opportunity, affirmative action, and providing reasonable accommodations for persons with disabilities. Contact: Office of Institutional Equity; (860) 486-2943; equity@uconn.edu; <a href="http://www.equity.uconn.edu">http://www.equity.uconn.edu</a>.



