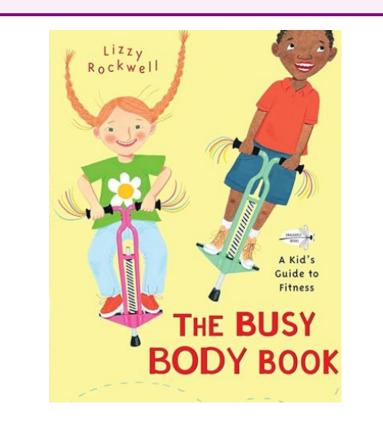
## **Book Recommendations**

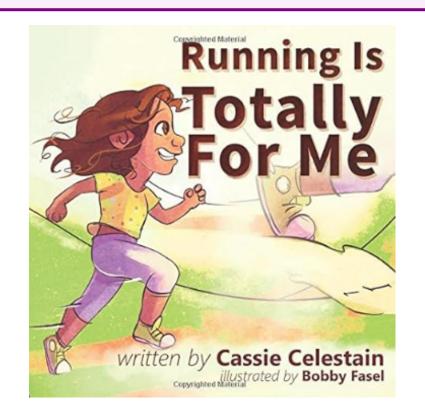
## UConn 4-H Healthy Living

Interested in learning more about the topics discussed in this program? Check your local library for these recommended titles.

## **Kit #3: Exercise and Fitness**

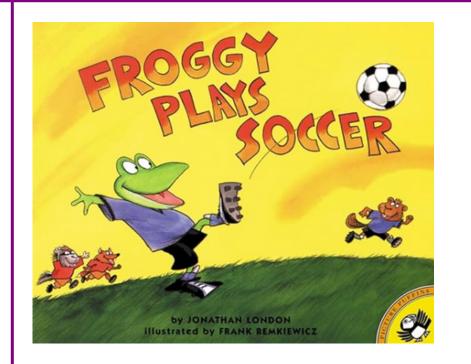


*The Busy Body Book* By Lizzy Rockwell



## Running is Totally for Me

Ry Cassia Colostain



*Froggy Plays Soccer* By Jonathan London

Picture book	By Cassie Celestain Picture book	Picture book
<complex-block></complex-block>	Image: Contract of the contract	<text></text>
<i>Move Your Body!: My</i> <i>Exercise Tips</i> By Gina Bellisario Picture book	<i>Junior Ninja Champion: The Competition Begins</i>	<i>Curious George and the Summer Games</i>
	By Catherine Hapka Ages 10-12	By Margaret & H.A. Rey Picture book

If you enjoyed this project, visit <u>4-h.extension.uconn.edu</u> to learn more about UConn 4-H. Check out the <u>UConn</u> <u>4-H New London County</u> webpage to view the videos and resources associated with this program.

UConn Extension is committed to providing equal access and full participation for individuals with disabilities within all our programs and activities. Visit <u>s.uconn.edu/accessibility</u> for more resources. UConn complies with all applicable federal and state laws regarding non-discrimination, equal opportunity, affirmative action, and providing reasonable accommodations for persons with disabilities. Contact: Office of Institutional Equity; (860) 486-2943; equity@uconn.edu; <u>http://www.equity.uconn.edu</u>.