

# SUPER 4-HER AWARD

May 1 to April 30

This award is designed to recognize youth that participate in the variety of opportunities that 4-H has to offer. Youth must complete **six mandatory** and **ten optional** activities from May 1 to April 30. **Do Not Duplicate Activities** in the top and bottom sections. Fill out as many items as you can. List activity/event and date that fits the criteria. If the leader is also the child's parent, they can sign this form.

4-Her's Name \_\_\_\_\_ Years in 4-H \_\_\_\_\_

Age as of 1/1 current year \_\_\_\_\_ Name of Club \_\_\_\_\_

The attitude and involvement of this 4-Her warrants receiving this award? [ ] yes [ ] no

Leader's Signature \_\_\_\_\_ Date \_\_\_\_\_

\*The following activities are considered county events: Fair, Recognition Night, Public Presentations

\*\*Possibilities for leadership include: Fair Board, Teen Council, organizing committees for state events, club office, member/officer of committee organizing a club or county event or assisting other members in a club activity or project. Remember, leadership positions vary according to the age of the 4-Her and size of club. Be creative.

## SECTION 1 Mandatory Requirements (each one must be met)

	In September 2023, which project record did you submit in your Record Book for evaluation. State which <i>project record sheet</i> .
	Submit one project for judging at the Fairfield County 4-H Fair, or CT Expressive Arts Day - Photography, Talent Show, Textiles, Art, or State Public Speaking Contest. <u>Indicate which one and type of project.</u>
	Serve in a Leadership position** (see above) Which one?
	Submit \$35 for 4-H Ad Campaign
	Prepare and present a demonstration, talk or speech at Public Presentation Day in Bethel or Bridgeport. <u>List date and topic</u>
	Participate in a 4-H promotion event - poster, newsletter, article about 4-H activities, interview, school talk, radio announcement, parade, a 4-H booth, etc. <u>List date and what you did.</u>

Revised 2023

Leader's Signature \_\_\_\_\_ Date \_\_\_\_\_

**SECTION 2**

**Elective Requirements** (complete **10** of those listed below) – try to fill in as many as you can. **DO NOT LIST THE SAME THING TWICE.** Include all dates for events.

Leader's signature	Be able to recite from memory the 4-H Pledge, Motto, Slogan and Colors
Project, event, date	Submit a <u>second project for judging</u> at a county or state event - Submit one project for judging at the Fairfield County 4-H Fair, or CT Expressive Arts Day - Photography, Talent Show, Textiles, Art, or State Public Speaking Contest. <u>Indicate which one and type of project.</u> Do not duplicate what you listed under the Mandatory requirements.
Project sheet	In September 2023, submitted a second project record sheet in your Record Book for evaluation. State second <i>project record sheet</i> .
Leader's signature	Attend at least 90% of your club's activities
Leader's signature	Attend at least 90% of your club's regular meetings
	Submit a cover entry for 4-H Dog Show or the Fair. <u>State which one.</u>
	Visit or speak at another club's meeting- <u>list name of club and date.</u>
List total	Sell at least \$70 (total) of ads for the 4-H Ad Campaign
	Participate in a second 4-H promotional activity - poster, newsletter, article about 4-H activities, YouTube, Facebook Livestream interview, school talk, radio announcement, parade, a 4-H booth, etc. <u>List date and what you did.</u>
	Participate in any 4-H <u>Fairfield County</u> event* see county listings.. <u>List date and event.</u>
	Participate in a Safety Program (doesn't have to be 4-H related- bike safety, driver's education, fire safety). <u>List date and what you did.</u>
Name of member	Bring a new member into 4-H
	Participate in a non 4-H community service project - <u>Include date, topic and provide a brief explanation.</u>
	Participate in an environmental awareness program (school, club, etc.) <u>List date and what you did.</u>
	Participate in a State/regional 4-H event that include but not limited to: Citizenship Day, state Public Speaking, 4-H Dog Show, Tech Day, Dog Clinic, Photo contest, Textile Art contest, Expressive Arts, Art Contest, STEM Days, Horse Activities, Teen Council. <u>State which one and what you did.</u>
	Participate in a 4-H community service as part of a club or as an individual <u>List date and what you did.</u>
	Help with set up or clean up at a county event* (see above)
	Participate in a regional or national event such as Big "E", Washington Focus, 4-H Congress, 4-H Conference <u>List date and which one.</u>
	Serve in a <u>second leadership</u> position at the club, county or state level. <u>State position</u> (don't forget State Teen Council or Fair board membership)
	Second Public Speaking experience (doesn't have to be 4-H related, state date, topic and where) <u>List date, topic and where you presented.</u>

