

Life-changing Youth Experiences

4-H is the youth development organization of UConn Extension. As part of UConn, 4-H has access to research-based information needed to help youth reach their full potential. The mission of 4-H is to assist all youth ages 5-18 in acquiring knowledge, developing life skills and forming attitudes which will enable them to become self-directing, productive and contributing members of society. This mission is carried out through the involvement of 4-H staff, volunteers, parents and other adults who organize and conduct fun educational experiences in community settings.



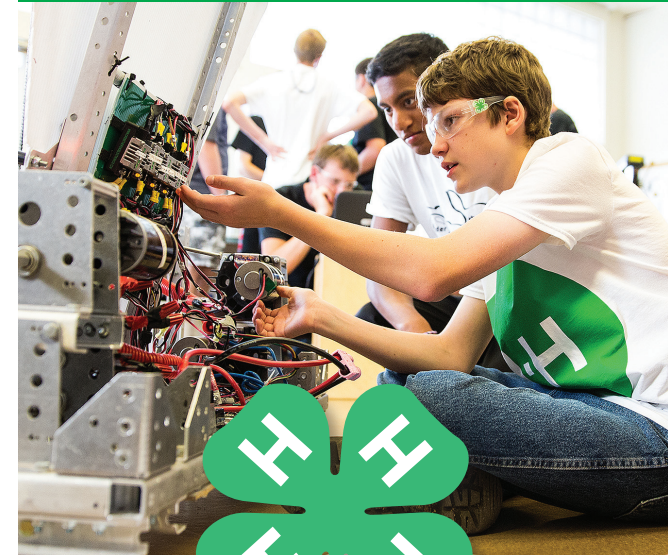
UConn | COLLEGE OF AGRICULTURE,
HEALTH AND NATURAL RESOURCES
EXTENSION



For more information contact
1-888-FOUR-H-CT
or visit us at s.uconn.edu/4-H
email: 4-H@uconn.edu

UConn complies with all applicable federal and state laws regarding non-discrimination, equal opportunity, affirmative action, and providing reasonable accommodations for persons with disabilities.

Providing Youth Life-changing Experiences



4-H

Extension Program

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Learn by Doing with UConn 4-H



Leadership & Fun

- Participate in leadership opportunities at the local, state and national level.
- Plan and organize events.
- Participate in public speaking activities and contests.
- Make new friends.

Healthy Living

- Attend project related workshops, field trips, and clinics.
- Participate and exhibit at fairs, county and state events.
- Experience 4-H camping, teen conferences, national and international 4-H activities.

Civic Engagement

- Get involved and make a difference in your local community.
- Develop and participate in community service projects.
- Participate in UConn 4-H Citizenship Day & Citizenship Washington Focus.



Get Involved

Enroll youth in 4-H programs, find local 4-H events, or help us lead programs today!

s.uconn.edu/4-H

Science, Technology, Engineering & Math (STEM)

- Have fun learning in clubs, afterschool programs, and individual projects.
- Explore a wide range of projects and interest areas, from agriculture to astronomy.
- Develop individual interests, life skills and self confidence.

Adult Volunteering

- Help guide 4-H youth to reach their potential.
- Be a club leader, county fair advisor, mentor, or project leader and more.
- Volunteer as a county camp board member, advisory committee member, or workshop presenter.
- Evaluate youth projects at a 4-H fair or event.