



NEW LONDON COUNTY 4-H FOOD & NUTRITION SHOW

“Chopped”

Recipe Card Check List



As part of your meal presentation, you must include recipe cards for the dishes you are serving. This recipe check list will help to ensure that you have included all necessary information on your recipe cards.

I. Does your recipe have all the following?

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|--|----------|---------|
| a. Name of recipe. | Yes ____ | No ____ |
| b. Complete list of ingredients. | Yes ____ | No ____ |
| 1. Ingredients listed in order in which they are used in the recipe. | Yes ____ | No ____ |
| 2. Ingredients listed as they are measured. | Yes ____ | No ____ |
| 3. Measurements given in common fractions. | Yes ____ | No ____ |
| 4. Complete description of ingredients included.
<i>(Avoid brand names)</i> | Yes ____ | No ____ |

II. Have you given clear and complete directions?

- | | | |
|---|----------|---------|
| a. Clearly listed instructions for every step of combining and cooking ingredients. | Yes ____ | No ____ |
| b. Used short, clear sentences. | Yes ____ | No ____ |
| c. Stated the size of the pan(s). | Yes ____ | No ____ |
| d. Listed cooking temperature and time required. | Yes ____ | No ____ |
| e. Included the number of servings and how much the recipe would make. | Yes ____ | No ____ |

III. Does your recipe card list where you found the recipe?

- | | | |
|--|----------|---------|
| a. Clearly cited the source of the recipe. | Yes ____ | No ____ |
|--|----------|---------|

